



1995

# SUBJECT-TITLE INDEX TO DIABETES FORECAST

Academic Specialist Program Jun 50  
Acarbose May 22-24; Sep 73; Oct 23;  
Dec 13, 66  
ACE inhibitors May 69 (Ask Us); Jul 29  
"ADA Holiday Program Volunteers  
Making a Difference" Sep 69-70  
ADA 55th Annual Meeting and  
Scientific Sessions Sep 26-30; Oct  
41-42  
Addison's disease Jun 38  
Adrenal glands Jun 34-39  
Adrenaline Jun 38, 90 (Ask Us)  
Adrenocorticotrophic hormone Jun 38  
Aerobics  
inner ear and Mar 15  
"Aesop's Approach" Oct 20-23  
African Americans Feb 53-55  
kidney transplants and Mar 78  
miglitol and May 24  
Age  
blood sugar and Jul 67-68  
learning skills and Apr 13  
sports and Sep 13  
Alcohol Jun 32; Jul 29  
elderly and Oct 13  
impotence and Jun 76  
Aldehyde reductase Nov 66  
Aldose reductase Nov 66  
inhibitors Oct 96; Nov 66  
Aldosterone Jun 38  
Allergies Jun 13  
alprostadil Sep 29-30  
Alpha cells Aug 43-47  
Alumni Association of ADA Jul 64  
America Online Feb 27; Jun 6-8  
(Mail Call); Nov 63  
American Academy of Dermatology  
May 12  
American Academy of Ophthalmology  
Sep 8 (Mail Call)  
American Academy of Optometry  
Sep 6-8 (Mail Call)  
American Academy of Pediatrics  
May 12  
American Association of Diabetes  
Educators May 50  
American Association of Retired  
Persons Oct 13  
American College of Sports Medicine  
May 12  
American Council on Exercise Sep 12

## American Diabetes Association affiliates

Arizona Jul 64  
California Apr 18  
Florida Apr 18; Dec 55  
Kansas Sep 65  
Massachusetts Sep 65  
Minnesota Jul 64; Sep 65  
Missouri Sep 65; Nov 63  
New Hampshire Apr 51  
New Jersey Dec 55  
New York Upstate Jul 64  
Ohio Jul 63  
Oregon Jul 64; Sep 65; Dec 19  
South Carolina Jul 64  
Tennessee Jun 18; Sep 65  
Washington Aug 20  
Washington, D.C., Area Sep 65  
alumni association Jul 64  
officers Jun 59-60; Aug 49-50;  
Dec 55

## on-line Nov 63

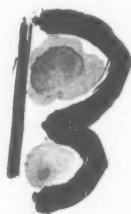
## programs

American Diabetes Alert Mar  
16-22, 65; Sep 65-66  
Diabetes Assistance and  
Resources Apr 61  
Diabetes Information and  
Action Line Sep 65; Nov 63  
Holiday Program Aug 59-60;  
Sep 69-70  
National Achievement Awards  
Nov 91-94  
National Diabetes Month  
Nov 5, 63  
Public Policy Leadership Forum  
Jan 47; Jul 63-64  
Walktoberfest Sep 66; Oct 37-38  
publications Oct 67-69  
*Changing The Future...Beginning  
The End* (video) Jan 47-48  
*Exchange Lists For Meal  
Planning* Feb 30; Nov 75-77  
*101 Tips For Improving Your Blood  
Sugar* Jul 67-68  
Signature Programs  
Cultural Diversity Apr 61  
Delegates for Diabetes Jan 47;  
Jul 63  
sponsors Jan 48  
volunteers Oct 41-42; Nov 63  
(correction)

# INDEX

American Dietetic Association Aug 15; Sep 12  
 American Health Information Management Association Jan 12  
 American Medical Association May 12  
 American Motorcyclist Association Jan 48  
 American Optometric Association Low Vision Section Sep 6 (Mail Call)  
 American Orthopedic Foot and Ankle Society Jun 13  
 American Society of Plastic and Reconstructive Surgeons May 12  
 Americans With Disabilities Act Jan 8 (Mail Call); Apr 62  
 Amputations Apr 24  
 African Americans and Feb 53  
 Angioplasty Jul 34  
 Animals Apr 51-53 (*Kid's Corner*); Jul 10 (Mail Call)  
 APTA Sports Injuries Hotline Feb 15  
 ARMACOST, KIRA Dec 26  
 Artery disease kidney transplant and Feb 73  
 Ask Us  
 ACE inhibitors and coughing May 69  
 aspirin and blood glucose Nov 79  
 brittle diabetes Aug 63-64  
 carbohydrates Nov 79-80  
 diabetes risk and triggers Apr 87-88  
 estrogen replacement therapy Feb 67  
 fructosamine assay Jun 90  
 hair loss Nov 79  
 hyperglycemia and bed-wetting Sep 79  
 hypoglycemia large meals and Jan 79 products for treating Oct 71-72  
 ibuprofen Sep 78-80  
 insulin dilution of Jan 79 potency Jan 79; Apr 8 (Mail Call) shock treatments Apr 87 small doses Jan 79  
 isomalt Apr 87  
 learning disabilities Mar 87-88  
 pain medication and blood glucose Jun 90  
 test for type I and type II vitiligo Feb 67-68; Jun 8 (Mail Call)  
 Aspirin Nov 79 (Ask Us)  
 Asthma Apr 13; Nov 11

Atherectomy Jul 34  
 "Auld Lang Syne Southern Style" Jan 34-38  
 Autoimmune diseases Jun 34-39  
 Autoimmunity Jun 32  
 Azathioprine Aug 53-56



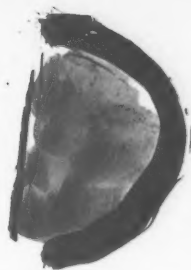
*The Baby-Sitter's Club* Dec 10 (Mail Call)  
 Backpacking May 40-47  
 Banting Museum and Education Centre Apr 10 (Mail Call)  
 Beans Mar 54  
 Beauty Jul 12  
 Beauty pageant Jan 51-52 (*Kid's Corner*)  
 Bed-wetting Sep 79 (Ask Us)  
 Beets Aug 34  
 Behavior modification Jun 54-57  
 Beta blocker Apr 24; Jul 29  
 Beta cells Apr 88 (Ask Us) research Mar 69-71  
 Biocontrol Technologies, Inc Nov 31  
 Birth control Jun 76-77; Jul 47  
 Blindness African Americans and Feb 53  
 Blood clots Apr 24  
 Blood glucose control Jul 67-68 levels aspirin and Nov 79 (Ask Us) menstruation and Jul 44-47 sucrose vs. starch Feb 6-8 (Mail Call) over 600 mg/dl Apr 20-24 meter Jan 66-69; Jul 8 (Mail Call); Oct 56-65 accuracy Mar 8-10 (Mail Call) noninvasive Nov 30-34 supplies Oct 65 monitoring Mar 15; Jul 13 accuracy Jun 80 products Jan 66-68 pain medication and Jun 90 (Ask Us) reactions Aug 24-31 smoking, stress and Sep 30 "syrupy" Apr 22  
 Blood pressure Jul 32  
 Book reviews  
 Month Of Meals 5 Mar 75  
 Pumping Insulin: Everything In A Book For The Successful Use Of An Insulin Pump Dec 83  
 Quick & Healthy Recipes & Ideas Mar 75-76

101 Tips For Improving Your Blood Sugar Jul 67-68; Oct 10 (Mail Call)  
 Bread Mar 50  
 Breast cancer Sep 27-28  
 BRIGGS, AMANDA Dec 14-19  
 Brittle diabetes Aug 63-64 (Ask Us)  
 BTS 67 582 Oct 22  
 Budget, U.S. Jun 5 (Editorial); Sep 10 (Mail Call)  
 Bulletin boards Feb 22-27  
 Bureau of Alcohol, Tobacco and Firearms Aug 19-20  
 Buyer's Guide Jan 66-69 (Correction); Oct 43-90  
 Bypass Angioplasty Revascularization Investigation Nov 12  
 Bypass surgery Jul 34; Nov 12



Camp Apr 51-52 (*Kid's Corner*)  
 Can-Am Care Corp., Jun 71-72  
 Cancer tea and Mar 14  
 Captopril Jul 29  
 Carbamazepine Jun 33  
 "Carbo Counting" Feb 30-37; May 8-10 (Mail Call)  
 Carbohydrase inhibitor Apr 23  
 Carbohydrates Nov 79-80 (Ask Us) counting Feb 30-37; May 8-10 (Mail Call)  
 Carbon monoxide poisoning Aug 14  
 Cardiovascular disease Jul 32-34  
 "Cardiovascular Health: Is Your Heart In It?" Jul 32-35  
 CARPENTIER, FRAN May 16-21; Jul 6-8 (Mail Call); Oct 6-8 (Mail Call)  
 Carrots Aug 34  
 Carrying cases Jan 66; Oct 76-78  
 Cars Aug 15  
 Cartilage injuries Jan 22-23  
 Cascade Medical, Inc. Sep 73-74  
 Caverject Sterile Powder Sep 74  
 Celeriac Aug 34  
 Celiac sprue Sep 10 (Mail Call)  
 Centers for Disease Control and Prevention May 12, 59; Jun 5 (Editorial); Sep 27

Cereal Mar 54  
 presweetened Sep 28-29  
 Charcot's joint Nov 40  
 CheckMate Sep 74  
 Children  
   art Dec 42-46  
   exercise and Dec 24-27  
   food attitudes Aug 15  
   meals and Apr 42-47  
   medications and Jan 13  
   motivation Mar 10 (Mail Call)  
   pen pals Mar 15  
   self-management and Sep 26-27  
 Children's Hopes & Dreams Foundation  
   Mar 15  
 CHIMOWITZ, SIMONE Nov 43-46  
 Cholesterol  
   alcohol and HDL Apr 69  
   eggs and May 55-56  
 Cholestyramine Jul 29  
 Chronic lymphocytic thyroiditis Jun 36  
 Cimetidine Apr 24  
 CIRAOLLO, TONY Feb 16-20  
 Clean Water Information Line Jul 13  
 Climbing May 40-47  
*Clinical Practice Recommendations*  
   May 60  
 Clonazepam Jun 33  
 Cold sores Dec 10 (Mail Call)  
 Collard greens Jun 12  
 COLLIE, MARK Jun 14-18; Sep 6  
   (Mail Call)  
 Colors Jul 55 (*Kid's Corner*)  
 Complaints Apr 12  
 Compulsive eating Mar 8 (Mail Call)  
 CompuServe Feb 26  
 Computers Feb 22-27; Jun 6-8  
   (Mail Call)  
 Confidentiality Feb 10 (Mail Call)  
 Congressional Black Caucus Health  
   Braintrust Feb 53-55  
 Consumer Nutrition Hotline of the  
   National Center for Nutrition  
   and Dietetics Mar 14  
*Consumer's Resource Handbook*  
   Apr 12  
 Continuous ambulatory peritoneal  
   dialysis (*see* Dialysis)  
 Cooking Nov 49, 51 (*Kid's Corner*)  
 Cooperation Canada Mozambique  
   Nov 45  
 Cortisol Jun 38, 90 (Ask Us)  
 Coughing May 69 (Ask Us)  
 Crafts (*Kid's Corner*)  
   greeting card Apr 57  
   tangram Jan 56-57  
 CRAWFORD, LORENZO Mar 18-19  
 "Creating a Tradition of Excellence"  
   Nov 22-28  
 Cross training Jan 22  
 Cryptosporidium Dec 12  
 Cyclosporin Mar 28; Aug 53-56



Data management systems Jan  
 66-68; Oct 58-59, 60, 64  
 "Dateline: South Africa" Jun 48-53  
 Dawn phenomenon Aug 30; Sep 35  
 DCCT Jan 28-32; Aug 24-26  
 survey Mar 61-62; Jul 70-72  
 Deafness Apr 69-70  
 Delegates for Diabetes Jan 47  
 "Delicious December" Dec 34-40  
 Diabetes  
   African Americans and Feb 53-55  
   animals and Apr 53 (*Kid's Corner*);  
   Jul 10 (Mail Call)  
   Black Americans and Oct 97  
   brittle Aug 63-64 (Ask Us); Oct 17  
   cost of Jul 75 (survey); Nov 70-71  
   deafness and Apr 69-70  
   family history Jun 80  
   flu Sep 28  
   learning disabilities and Mar 87-88  
   (Ask Us)  
   menstruation and Jul 44-47  
   pneumonia Sep 28  
   South Africa and Jun 48-53  
   television subject Jun 20-24  
   test for type May 70 (Ask Us)  
   triggers Apr 87-88 (Ask Us)  
   vitiligo and Feb 67-68 (Ask Us);  
   Jun 8 (Mail Call)  
 "Diabetes Behind Bars" Sep 20-24;  
   Dec 6 (Mail Call)  
 "Diabetes Bulletin Boards: An Electronic  
   Lifeline" Feb 22-27; Jun 6-8  
   (Mail Call)  
 Diabetes Care and Education Feb 55  
 Diabetes Control and Complications  
   Trial (*see* DCCT)  
*Diabetes Forecast* Jan 48  
 Diabetes Prevention Trial-Type I Jan 71;  
   Mar 73; Jun 69; Aug 50; Sep 77;  
   Oct 114; Dec 85  
 Diabetologist May 20  
 Diagnostic Solutions, Inc. Jun 71-72  
 Dialysis Jan 108 (Reflections); May 6  
   (Mail Call), 63; Jul 82-83  
   choices Mar 77-78  
 Diasensor 1000 Nov 31  
 Diet Mar 77  
   children and Apr 42-47  
   plant-based Mar 38  
   relapse Mar 44-46  
   type II and Feb 71-72  
 Digoxin Jul 29  
 Dilantin Apr 24

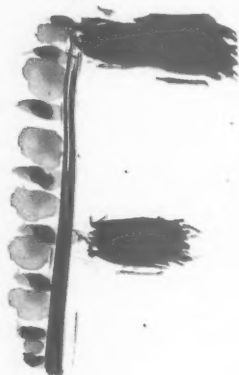
"Dinner is in the Bag" May 26-31  
 "Discovering Independence" Aug 108  
   (Reflections)  
 Discrimination  
   employment Jan 6-8 (Mail Call);  
   Aug 16-22  
   school Sep 61-63 (survey)  
 Diuretic drugs Apr 24  
 Divers Alert Network May 8 (Mail Call)  
 Doctor-patient relationship Oct 5  
   (Editorial)  
 Dog bites Jun 13  
 Domestic violence Sep 12  
 Dream Beam Nov 31  
 Drugs  
   interactions Jul 26-29  
   risks vs. benefits May 5 (Editorial)  
 Dry skin  
   prevention Jan 13  
 DUGGER, KEN Aug 16-22; Oct 6  
   (Mail Call)  
 Dust mites Jun 13  
 "Dynamic Gardening" Apr 26-32



Ears  
   aerobics and inner Mar 15  
 Earthquake Oct 96  
 Eating disorder Mar 8 (Mail Call)  
 "Eating Green" Mar 36-42  
 Education May 59-60; Oct 13  
 Education Excellence Partnership Oct 13  
 Eggs May 54-57  
 Elderly  
   alcohol and Oct 13  
   diabetes diagnosis and May 34-38  
   falls and Jan 12  
   learning skills and Apr 13  
   medications and Jul 29  
 Employment Apr 62  
   discrimination Jan 6-8 (Mail Call);  
   Aug 16-22  
 Endometriosis Association Oct 13  
 Endothelial cells May 63  
 Endurance riding Nov 16-20  
 Environmental Protection Agency  
   Aug 21-22  
 Epinephrine Jun 38  
 Equal Employment Opportunity  
   Commission Apr 62; Aug 19-21

# INDEX

Estates Nov 82  
 Estrogen Jul 44-47  
 Estrogen replacement therapy Feb 67  
 (Ask Us)  
 Ethical questions Aug 43-47  
 "The Evasive Noninvasive Meter"  
 Nov 30-34  
*Exchange Lists For Meal Planning*  
 Feb 30; Nov 75  
 Exercise (see also individual activities)  
 Mar 15; Apr 26-32; May 12; May  
 40-47; Jun 13; Jul 33; Sep 44;  
 Oct 23  
 children and Dec 24-27  
 contest Feb 56-61; May 6 (Mail Call);  
 Sep 58-61  
 injuries Jan 20-24  
 middle age and Sep 13  
 shoes and Jun 26-28  
 teens and Feb 14  
 "Exercise and Win Big" Feb 56-61;  
 May 6 (Mail Call); Sep 58-61  
 "The Expert & the Activist" Dec 14-19  
 "An Eye on Diabetes Products"  
 May 48-53; Jul 8 (Mail Call)  
 Eyes Jun 12



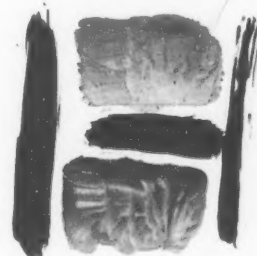
Fainting Oct 12  
 Falls  
 prevention Jan 12  
 Family of the Year Feb 15; Jul 16-24  
 Federal agent Aug 18  
 Federal Aviation Administration  
 Mar 65

Feet Jan 24; Jun 79-80  
 odor Apr 12  
 ulcers Sep 30; Nov 36-41  
 Fetal tissue Aug 43-47  
 Fiction (*Kid's Corner*)  
 "Grandmother, Granddaughter"  
 Apr 54-58; Aug 10 (Mail Call)  
 "The Magic Pie" Jan 54-56  
 "Show 'Em Who You Are"  
 Nov 52-53, 56  
 "Stay Away From Me" Jul 52-56  
 Fidonet Feb 27  
 "Fighting Back" Aug 16-22  
 Finger-sticking supplies Jan 67  
 Oct 62-65  
 Fish  
 canned Mar 52  
 First Choice Jun 71-72; Sep 73  
 Flu Sep 28  
 Fluid intake Jul 12  
 Fluphenazine Jun 33  
 Flying Jan 40-45  
 Foil May 27  
 Follicle-stimulating hormone Jul 44-45  
 Food  
 greens Jun 12  
 presweetened cereal Sep 28-29  
 Food and Drug Administration Mar 15;  
 Apr 87 (Ask Us); May 24; Oct 12;  
 Nov 31  
 "Fran Carpentier on Parade" May  
 16-21; Jul 6-8 (Mail Call); Oct 6-8  
 (Mail Call)  
 Frostbite Feb 44; Dec 13  
 Frozen  
 dinners Mar 53  
 yogurt Sep 56  
 Fructosamine assay Jun 90 (Ask Us)  
 Fruit Mar 53-54  
 FURSE, ELIZABETH Dec 16-18  
 Futrex Nov 31



Gardening Apr 26-32  
 Gastric bypass Mar 6-8 (Mail Call)  
 Gastric parietal cells Jun 34  
 Gastro-esophageal reflux Nov 11  
 Gastroparesis Jun 8 (Mail Call)  
 Gastroparesis Communication Network  
 Jun 8 (Mail Call)  
 GAVIN, JAMES R. III Feb 53  
 "Getting Up in the World" May 40-47  
 Gliadin Sep 10 (Mail Call)  
 Gingivitis Aug 15

"Gland Alert" Jun 34-39; Aug 6 (Mail  
 Call, correction); Sep 10 (Mail Call)  
 Glipizide Jul 29  
 Glucagon Apr 8-9 (Mail Call); Sep 8-10  
 (Mail Call)  
 Glucocorticoids Apr 24  
 Glucophage Oct 22-23  
 Glucose  
 sensor, non-invasive Mar 15  
 Gluten Intolerance Group Sep 10  
 (Mail Call)  
 Glycemic Control and Complications  
 in Type II Diabetes Jan 30-32  
 Goiter Jun 39  
 Golf Apr 14-18  
 "The 'Good' Diabetic" Sep 116  
 (Reflections); Dec 10 (Mail Call)  
 "Goulash by Gosh" Apr 36-41  
*Grace Under Fire* Jun 24  
 "Grandma Goes to Summer Camp"  
 Nov 124 (Reflections)  
 "Grandmother, Granddaughter"  
 Apr 54-58 (fiction-*Kid's Corner*);  
 Aug 10 (Mail Call)  
 Grandparents Dec 48-52  
 Graves' disease Jun 36  
 Greens Jun 12; Jul 37  
 Growth Nov 50 (*Kid's Corner*)  
 Growth factors Mar 24-28, 70



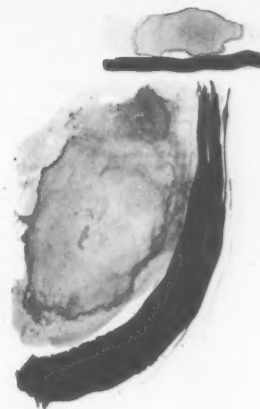
Hair  
 loss Nov 79 (Ask Us)  
 Hashimoto's thyroiditis Jun 36  
 "Hats Off to Michelle McGann"  
 Apr 14-18  
 "Have You Hugged Your Feet Today?"  
 Nov 36-41  
 Health  
 care costs Jul 75 (survey); Sep 13;  
 Nov 70-71 (survey)  
 fraud Oct 12  
 records Jan 12  
 Hearing impairment Mar 15  
 Heart disease (see also Cardiovascular  
 disease) Jul 32-35; Nov 12  
 African Americans and Feb 53  
 metformin and Jun 79  
 Hemodialysis Study Jul 82-83  
 Herpes Dec 10 (Mail Call)

HHNS Apr 20-24  
 "High and Dry" Apr 20-24  
 High blood pressure (see *Hypertension*)  
 Hiking Apr 108 (Reflections); May 40-47  
 Hippocrates Jul 49 (*Kid's Corner*)  
 Hispanics  
   miglitol and May 24  
 HOLLAND, WENDELLA Jan 14-18  
 Hospital bills Sep 13  
 "Hot News From Atlanta" Sep 26-30  
 "How Tight For Type II?" Jan 28-32;  
   Jun 8 (Mail Call)  
 HUCKE FAMILY Jul 22-23  
 HUDSON, JESSICA Nov 49-50  
   (*Kid's Corner*)  
 HUDSON, JOSH Nov 49-50  
   (*Kid's Corner*)  
 Hungarian cooking Apr 36-41  
 "Hurry Up It's On!" Jun 20-24  
 Hyperbaric oxygen therapy Sep 30  
 Hyperglycemia Jun 32  
   bed-wetting and Sep 79 (Ask Us)  
   dehydration and Apr 20-24  
 Hyperhidrosis Apr 12  
 Hyperinsulinemia Aug 27  
 Hyperosmolar hyperglycemic nonketotic  
   syndrome (see *HHNS*)  
 Hypertension Jun 32  
   white-coat Nov 11  
 Hyperthyroidism Jun 36  
 Hypoglycemia Feb 42; Apr 23; Aug 5  
   (Editorial); Aug 24-31; Aug 63-64  
   (Ask Us); Sep 36; Dec 8-10  
   (Mail Call)  
   large meals and Jan 79 (Ask Us)  
   nighttime Jul 67; Sep 35; Oct 10  
   (Mail Call)  
   unawareness Jun 17, 64  
 Hypothermia Feb 40-44; Dec 13  
 Hypothyroidism Jun 36



Ibuprofen Sep 79-80 (Ask Us)  
 Ice massage Jan 21  
 "If The Shoe Fits..." Jun 26-28

"Ignorance Is Not Bliss" Mar 16-19  
 ILIZAROV, G.S. Feb 20  
 Immunosuppressants Mar 28  
 Impaired glucose tolerance Apr 71;  
   May 67  
 Impotence Jun 75-77; Sep 29-30, 74  
 INCORVAIA, PAT Mar 18  
 Inderal Apr 24  
 Index (1994) Jan 82-94  
 Injection aids Oct 51-53  
 Injuries  
   exercise and Jan 20-24  
 Insulin Jan 66; Feb 42; Oct 46-48  
   alcohol and Apr 69  
   carbohydrates and Feb 35  
   cardiovascular disease and Jan 31  
   delivery Oct 49-55  
   dilution of Jan 79 (Ask Us)  
   labeling Aug 6-8 (Mail Call); Oct 10  
   (Mail Call); Dec 10 (Mail Call)  
 Lispro Aug 63-64  
 potency Jan 79 (Ask Us); Apr 8  
   (Mail Call)  
 pump May 10 (Mail Call); Jun 10  
   (Mail Call); Aug 8-10 (Mail Call);  
   Sep 5 (Editorial), 32-39; 49-50,  
   52-53; Dec 6-8 (Mail Call), 83  
   (book review)  
 garter belt Sep 6-8 (Mail Call)  
 manufacturers Sep 38  
 reaction (see *Hypoglycemia*)  
 release Dec 61-62  
 resistance Apr 65-67, 69  
 shock treatments Apr 87 (Ask Us)  
 small doses Jan 79 (Ask Us)  
 thyroid gland and Jun 36-39  
 Insulin-like growth factor I Mar 25-26  
 Insurance Sep 8 (Mail Call); Nov 70-71  
   (survey)  
 Intensive insulin therapy Jan 28-32;  
   Jun 8 (Mail Call); Aug 26  
 Interleukin 2 Mar 28  
 International Diabetes Federation  
   Mar 5 (Editorial); Nov 12, 43  
 International Food Information Council  
   Aug 15  
 Internet Feb 27; Jun 6-8 (Mail Call);  
   Nov 63  
 Intrinsic factor Jun 37  
 Iron Jul 12  
 Islet cells Mar 27-28; Jul 81  
   rejection Aug 53-56  
 Isomalt Apr 87 (Ask Us)



Jam Mar 54  
 Japan Jan 5 (Editorial)  
 Jelly Mar 54  
 Jet injectors Jan 10 (Mail Call); Jun 8-10  
   (Mail Call); Oct 52-53  
 "Junefest" Jun 42-47



"Keeping Clear Of Ketoacidosis" Dec 20-23  
 KELLAWAY, DAVID Nov 22-24  
 Ketoacidosis Dec 20-23  
 Ketones Apr 23; Dec 20-23  
 Kidney  
   dialysis Jan 108 (Reflections);  
   Jul 83-84  
   disease Apr 70  
   African Americans and Feb 53  
   prevention Oct 95-96  
   ibuprofen and Sep 79-80 (Ask Us)  
   smoking and Jul 82  
   transplant Feb 73  
   artery disease and Feb 73  
   Black Americans and Mar 78  
*Kid's Corner* Jan 51-58; Apr 51-58;  
   Jul 10 (Mail Call), 49-56; Aug 10  
   (Mail Call); Nov 49-56  
 KIPPEN, COLIN Aug 19-21  
 Kitchen Mar 50-54; Jun 10 (Mail Call)



# INDEX



Lactic acidosis Mar 15  
Lactose intolerance Sep 53; Dec 12  
Ladies Professional Golf Association Apr 14-18  
Lamb Dec 38  
Learning disabilities Mar 87-88 (Ask Us)  
LifeScan, Inc. Jun 71-72; Sep 73  
Ligament injuries Jan 22  
Lispro Aug 63-64  
LISTER, JOSEPH Jul 51 (*Kid's Corner*)  
"Low Blood Glucose Reactions" Aug 28-31  
LUND, DOUGLAS E. May 59  
Lutein Jun 12  
Luteinizing hormone Jul 46



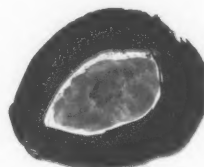
"The Magic Pie" Jan 54-56 (fiction-*Kid's Corner*)  
"Main Dish Madness" Oct 24-28  
"Make Mealtime Fun Again" Apr 42-47  
Managed health care Dec 32  
"Management of Diabetes in Correctional Institutions" Sep 23 (Position Statement)  
Mannitol Apr 87 (Ask Us)  
Marathon May 116 (Reflections)  
Mayonnaise Mar 53

MCGANN, MICHELLE Apr 14-18  
MCRAE, SHEENA Dec 26  
Medicaid Dec 5 (Editorial)  
Medical identification products Oct 74-75  
Medical jewelry Jan 45  
Medicare Sep 8 (Mail Call); Oct 91-92; Dec 5 (Editorial), 55  
Medicare Blood Testing Strips Coverage Act Dec 18  
Medicare Diabetes Outpatient Self-Management Training Act Dec 18  
Medicated Urethral System for Erection Sep 29-30  
Medicine  
    over-the-counter Jan 13  
    safety Jul 26-29  
MELAS Apr 70  
"Men's Sexual Health" Jun 75-77  
Menstruation Jul 44-47  
Mental health professional May 35  
"Metamorphosis" Oct 132 (Reflections)  
Metformin Mar 15; May 5 (Editorial); Oct 22  
    heart disease and Jun 79  
Mexiletine Jun 33  
Microbes Jul 50-51 (*Kid's Corner*)  
Miglitol May 24  
Military Jan 8 (Mail Call); May 10 (Mail Call)  
Minorities Jun 12  
MORSHEAD FAMILY Jul 23-24  
Motorcycle helmets Feb 15; Jun 10 (Mail Call); Sep 10 (Mail Call)  
Mozambique Nov 43-46  
My So-Called Life Jun 20  
Muscle injuries Jan 21-22



"Nailing It" Jun 116 (Reflections)  
National Association of Scuba Diving Schools Feb 8 (Mail Call)  
National Center for Nutrition and Dietetics Sep 12  
National Coalition Against Domestic Violence Sep 12  
National Committee to Prevent Child Abuse Jun 12  
National Council on Alcoholism and Drug Dependence Oct 13  
National Federation of the Blind Aug 8 (Mail Call)  
National Health Interview Survey Jul 81  
National Heart, Lung, and Blood Institute Apr 13; Nov 12  
National High Blood Pressure Education Program Apr 13

National Highway Traffic Safety Administration Aug 15  
National Immunization Information Hotline Dec 12  
National Institute of Diabetes and Digestive and Kidney Disease May 60; Jul 82  
National Institutes of Health Jan 71; May 59; Jun 5 (Editorial); Aug 46-47  
National Meals on Wheels Foundation Jan 13  
National Organ Transplant Act Aug 47  
National Osteoporosis Foundation Jan 12; Nov 12  
National Sanitation Foundation Dec 12  
National Youth Leadership Congress Apr 61-62  
National Vitiligo Foundation Jun 8 (Mail Call)  
National Yogurt Association Sep 52-56  
Native American Law Enforcement Association Jul 13  
Natural Resources Defense Council Jul 13  
Nephropathy (see *Kidney disease*)  
Nerve growth factor Mar 27  
Neuropathy Jan 24, 43; Feb 44, 72-73; Mar 27; Jun 30-33, 79; Oct 33-35, 96; Nov 36-41  
1995 Buyer's Guide to Diabetes Products Jan 66-69 (Correction)  
"1994 Subject-Title Index" Jan 82-94  
1996 Buyer's Guide to Diabetes Products Oct 43-90  
Nocturnal enuresis (see *Bed-wetting*)  
Nonstick sprays Mar 52  
NORTON Apr 51-52 (*Kid's Corner*)  
Nutrition Labeling and Education Act Feb 33



Obesity Jun 63-66  
Obstetrician May 20  
Office of Minority Health Jun 12  
Oils Mar 52  
On-line bulletin boards Feb 22-27  
"Once Around the Kitchen" Mar 50-54; Jun 10 (Mail Call)  
One Touch Jun 71-72; Sep 73  
Onions Aug 34  
Oral contraceptives Jul 47  
Orienteering Sep 42-48  
"Orienteering: Your Own Personal Adventure" Sep 42-48  
Osteoarthritis Nov 40  
Osteomyelitis Nov 40  
Osteoporosis

gray hair and May 13  
Overeaters Anonymous Mar 8 (Mail Call)  
"Over Sixty & Newly Diagnosed"  
May 34-38; Aug 6 (Mail Call)



Pain (see also Neuropathy) Feb 72-73;  
Jun 30-33

exercise and Jan 23-24  
medication Jun 90 (Ask Us)

Pancreas Jul 81

Papaverine Jun 76

Paper Jan 51, 53-58 (*Kid's Corner*);  
Aug 10 (Mail Call)

Paprika Apr 39

Parade May 16-21

Parafusin Dec 61-62

Parchment, cooking with May 26-31

"Parent and Partner" Feb 116  
(Reflections); July 8 (Mail Call)

"Parking Lot Liberation" Jan 108  
(Reflections); May 6 (Mail Call)

Parsnips Aug 35

Pasta Mar 54

PASTEUR, LOUIS Jul 51 (*Kid's Corner*)

Peanut butter Mar 54

Pen pals Mar 15

Periodontal disease Aug 15

Periodontal Screening and Recording  
Aug 15

Pernicious anemia Jun 37

Personality profiles

BRIGGS, AMANDA Dec 14-19

CARPENTIER, FRAN May 16-21;  
Jul 6-8 (Mail Call); Oct 6-8  
(Mail Call)

CHIMOWITZ, SIMONE Nov 43-46

CIRAOLO, TONY Feb 16-20

COLLIE, MARK Jun 14-18; Sep 6  
(Mail Call)

CRAWFORD, LORENZO Mar 18-19

DUGGER, KEN Aug 16-22; Oct 6  
(Mail Call)

HOLLAND, WENDELLA Jan 14-18

HUCKE FAMILY Jul 22-23

HUDSON, JESSICA Nov 49-50  
(*Kid's Corner*)

HUDSON, JOSH Nov 49-50  
(*Kid's Corner*)

INCORVAIA, PAT Mar 18

MCGANN, MICHELLE Apr 14-18

MORSHEAD FAMILY Jul 23-24

NORTON Apr 51-52 (*Kid's Corner*)

PESCHE FAMILY Jul 24

PORT, MARY ANNE Sep 14-18;  
Dec 6 (Mail Call)

QUIGLEY, JASON Apr 52

(*Kid's Corner*)

SANDY, NANCY Nov 16-20

SCUDDER, DAWN Jan 51-52

(*Kid's Corner*)

SLATE, JESSICA Oct 14-19

SOVA FAMILY Jul 23

TCHOBANIAN, JUSTINE Jul 49

(*Kid's Corner*)

WADE, JORDAN Mar 19

WHERRY FAMILY Jul 24

PESCHE FAMILY Jul 24

Phenothiazines Jun 33

Phentolamine Jun 76

Phenytoin Apr 24

Pittsburgh Epidemiology of Diabetes  
Complications Study Dec 65-66

Pituitary gland Jun 34

Pizza Feb 46-50

"Pizza Passion" Feb 46-50

"Plane Talk" Jan 40-45

Plant-based diet Mar 38

PMS (see Premenstrual syndrome)

Pneumonia Sep 28

Pollen hotline May 13

Polymer Technology International  
Jun 71-72; Sep 73

Polytetrafluoroethylene May 63

Popcorn Nov 54 (*Kid's Corner*)

Pork Dec 38

PORT, MARY ANNE Sep 14-18; Dec 6  
(Mail Call)

Posture Oct 33-35

Potassium channel Jun 64-65

Potatoes Aug 35

"Potential Cure, Ethical Questions"  
Aug 42-47; Oct 6 (Mail Call)

"Power Player" Oct 14-19

Prazosin Sep 29-30

Precose Dec 13

Pregnancy Apr 8 (Mail Call); May 20;  
Oct 8-10 (Mail Call)

complications and Dec 65-66

Premenstrual syndrome Jul 46

President's Council on Physical Fitness  
and Sports Aug 15

Prevention trial Aug 50

Preventive care Apr 5 (Editorial)

Prison Sep 14-24; Nov 6 (Mail Call)

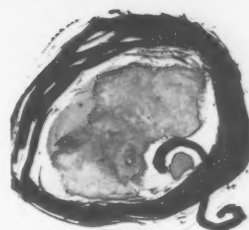
Prodigy Feb 26

Professional Association of Diving  
Instructors Feb 8 (Mail Call)

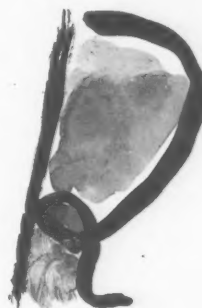
Progesterone Jul 44-47

Proliferative diabetic retinopathy  
(see Retinopathy)

Propranolol Apr 24



QUIGLEY, JASON Apr 52 (*Kid's Corner*)



Radishes Aug 35

Reader tips May 10 (Mail Call)

Recidivism Mar 45

Recipes

Apple Punch Jun 46-47

Apple-Sage Dressing Nov 27

Apple Wrap May 31

Apricot Sherbet Jan 38

Barbecue Glazed Breast of Turkey  
Nov 26

Basic Pizza Crust Feb 48-49

Beef Salad with Curry Dressing Jul 40

Better Brussels Sprouts Mar 40-41

Celeriac and Potato Soup Aug 36

Cheesy Vegetable Pie Aug 36-38

Chicken en Papillote May 29

Chicken Tetrazzini Jun 45

Chicken With Pasta Apr 40-41

Chilled Yogurt Gazpacho Soup Sep 54

Chocolate Pudding Mar 42

Collard Greens Jan 37

Color Crunch Salad Jul 39-40

Confetti Appleslaw Jul 41

Corn Bread Jan 37-38

Cuban Black Beans Mar 39-40

Curried Waldorf Salad Dec 37

Dijon-Style Turnips Aug 39

Easy Yogurt Pie Jun 47

Feta Cheese and Artichoke Hearts

Pizza Feb 49-50

Fish en Papillote May 29

Fruit Fold May 31

Garden-Fresh Salad Feb 50

Gelatin Cake Jun 47

Gingered Fruit Compote with

Cinnamon Sauce Dec 40

Gomasio Sprinkle Mar 41-42

# INDEX

Grilled Shark Oct 28  
Herbed Green Beans Dec 39  
Honey Onions Aug 38-39  
Hopppin' John Jan 37  
Hungarian Goulash Apr 39-40  
Indoor Barbecued Turkey Oct 26  
Leg of Lamb with Rosemary Gravy Dec 38  
Lemonade Fizz Jun 46  
Marinara Sauce Oct 27  
Marinated Mushrooms Jun 45-46  
Marinated Pork Tenderloin Jan 36-37  
Marvelous Molasses Cornbread Mar 42  
Mexican Gazpacho Salad Jul 39  
Onion Dip Jun 44  
Orange-Cranberry Relish Nov 27  
Orange Spinach Salad Jul 41-42  
Oven-baked Chicken Tenders Oct 27  
Packet O' Potatoes May 30-31  
Parsnips and Carrot Matchsticks Aug 39  
Pesto and Veggie Pizza Feb 50  
Pineapple-Orange Cup O' Kindness Jan 38  
Pineapple Pear Medley Jul 42  
Pork Tenderloin with Brandy Sauce Dec 37  
Posh Squash May 30  
Potato Dumplings Apr 40  
Pumpkin Chiffon Pie on Gingersnap Cookie Crust Nov 28  
Red Beet Salad Apr 41  
Red Onion Potato Salad Jul 38-39  
Romaine Salad with Mandarin Oranges Jun 45  
Root Vegetable Roast Aug 36  
Salmon Steaks with Spinach-Yogurt Pesto Sep 55-56  
Salsa Dip Jun 44-45  
Sherried Pea Soup Dec 36  
Spaghetti Pie Oct 27  
Spicy Lemon-Yogurt Chicken Sep 54-55  
Stuffed Cabbage Leaves Oct 28  
Stuffed Pepper Salad Jul 38  
Sweet Potato and Crab Bisque Nov 25  
Tex-Mex Meatballs in Yogurt-Chili Sauce Sep 56-57  
Tofu-Spinach Lasagna Mar 40  
Tomato, Pepper, and Sausage Appetizer Apr 39  
Unbeatable Beets Aug 38  
Undercover Carrots May 30  
Vegetable Lo Mein Oct 26  
Whole-Wheat Dressing Dec 39

Winter Vegetable Medley Nov 26  
Yogurt-on-a-Stick Sep 57  
"Recognizing Quality" (ADA-recognized programs) Feb 103-112; May 84-94; Aug 79-90; Nov 97-106  
Records  
    medical Jan 12  
Reflections  
    "Discovering Independence" Aug 108  
    "The 'Good' Diabetic" Sep 116; Dec 10 (Mail Call)  
    "Grandma Goes To Summer Camp" Nov 124  
    "Metamorphosis" Oct 132  
    "Nailing It" Jun 116  
    "Parent And Partner" Feb 116; Jul 8 (Mail Call)  
    "Parking Lot Liberation" Jan 108; May 6 (Mail Call)  
    "Peak Experiences" Apr 108  
    "A Time For Change" Mar 116  
    "26 Miles For 26 Years" May 116  
    "A Welcome Change" Dec 108  
    "You're Not Alone" Jul 108  
Refrigerator Mar 52-53  
REIDER, DAN Dec 26  
Remote Area Medical Jul 13  
Repaglinide Sep 26; Oct 22  
Research Jan 47-48; Feb 62-64; Mar 69-71; May 63-65  
    alcohol and insulin Apr 69  
    awards Mar 66; Jun 60  
    blood glucose monitoring accuracy Jun 80  
    deafness and diabetes Apr 69-70  
    dialysis Mar 78; Jul 83-84  
    diets Mar 77  
    fetal tissue Aug 42-47; Oct 6 (Mail Call); Nov 72 (survey)  
    grants Mar 66; May 60  
    growth factors Mar 24-28  
    insulin resistance Apr 65-67, 69; May 67  
    kidney  
        Black Americans and Mar 78  
        disease Apr 70-71  
    metformin and heart disease Jun 79  
    neuropathy Jun 79-80; Oct 33-35; Dec 8 (Mail Call)  
    obesity Jun 63-66  
    retinopathy Jan 63-65; Jul 77-78; Sep 36  
    type I and families Jun 80  
    weight loss and type II Apr 71  
Researchers  
    ACOTT, TED S. Jan 63-65  
    DEL PRIORE, LUCIAN V. Jul 77-78  
    DONNER, DAVID Apr 65-67  
    EL-KABBANI, OSSAMA A.L. Nov 65-68  
    GRAHAM, LINDA M. May 63-65  
    LEVIN, BARRY E. Jun 63-66  
    LIBERMANN, TOWIA ARON Aug 53-56  
    MORRE, D. JAMES Feb 62-64  
    SATIR, BIRGIT H. Dec 61-62

SHUPERT, CHARLOTTE L. Oct 33-35  
WANG, TIMOTHY C. Mar 69-71  
Resource Center of the National Council Against Health Fraud Oct 12  
Retinopathy Mar 28; May 48, 53  
    research Jan 63-65; Feb 73-74; Jul 77-78  
Rice Mar 54  
"Riding High" Nov 16-20  
Rio Grande Medical Technologies, Inc. Nov 31  
"Roadhouses and Revivals" Jun 14-18  
Rocker-bottom foot Nov 40  
"Root Force" Aug 32-39  
Root vegetables Aug 32-39  
Running May 116 (Reflections); Jul 10 (Mail Call)  
Rutabagas Aug 35



"Salad City" Jul 36-42  
Salad dressings Mar 53  
Salicylic acid Jul 29  
Sandia National Laboratories Nov 31  
SANDY, NANCY Nov 16-20  
Scallions Aug 35  
School discrimination Sep 62-63 (survey); Nov 6-8 (Mail Call)  
Scientific Sessions Sep 26-30; Oct 41-42  
Scuba diving Feb 8-10 (Mail Call); May 6-8 (Mail Call)  
SCUDDER, DAWN Jan 51-52 (Kid's Corner)  
Seasonings Mar 52  
Seinfeld Jun 21  
Self-contracting Jun 54-57  
Self-management May 60  
SEMMELEWEIS, IGNAZ Jul 51 (Kid's Corner)  
Sex  
    safe Jun 76-77  
Shift work Oct 19  
Shoes  
    athletic Jun 26-28  
"Show 'Em Who You Are" Nov 52-53, 56 (fiction-Kid's Corner)  
Sick day Mar 54  
SIDS Feb 14  
"Sign Up For Success" Jun 54-57  
"Signaling All Cells" Mar 24-28  
Skating, in-line Jun 13



Skin  
dryness Jan 13  
SLATE, JESSICA Oct 14-19  
Sleep Aug 14  
Smoking Feb 74; Jun 32; Jul 81  
cardiovascular disease and Jul 32  
impotence and Jun 76  
kidney disease and Jul 82  
stress and Sep 30  
Snacks Mar 50-51  
Snoring Aug 4  
Snow Feb 44  
Social Security Dec 12  
"Sold on Research" Aug 59-60  
Sorbitol Apr 87 (Ask Us); Nov 66  
Soup Mar 52  
South Africa Jun 48-53  
South African Diabetes Association  
Jun 51  
SOVA FAMILY Jul 23  
Spasmodic torticollis Jun 90 (Ask Us)  
Specialist Jul 50 (*Kid's Corner*)  
Spinach Jun 12  
"Sportin' Slips" Jan 20-24  
Sports Play and Active Recreation for  
Kids Feb 14  
Standards of Care (ADA) Dec 28-32  
Starch  
sucrose vs. Feb 6-8 (Mail Call)  
"Stay Away From Me" Jul 52-56  
(fiction-*Kid's Corner*)  
"Stay in Touch" Dec 48-52  
Steroids Apr 24  
Stomach Jun 37  
stapling (see Gastric bypass)  
"Stopping Up Eye Damage" Jan 63-65  
"Stress" Dec 56-58  
Stress Apr 87-88 (Ask Us); Sep 56-58  
smoking and Sep 30  
Stroke  
African Americans and Feb 53  
Subcommittee on Diving and Diabetes  
May 8 (Mail Call)  
Sucrose  
starch vs. Feb 6-8 (Mail Call)  
Sudden Infant Death Syndrome  
(see SIDS)  
Sugar alcohols Apr 87 (Ask Us)  
Sulfonylureas Jul 29; Oct 22  
Sun safety May 12  
Sunglasses Feb 44  
Sunscreen May 12  
"SuperSellers: Sold on Research"  
Aug 59-60  
Support  
groups Jan 16-17; Oct 10 (Mail Call)  
spouse Jan 8-10 (Mail Call); Apr 6-8  
(Mail Call)  
"Surge Protector" May 22-24  
Survey  
DCCT Mar 61-62; Jul 70-72  
health-care costs Jul 75; Nov 70-71  
openness Mar 56-58; Jul 8-10  
(Mail Call)  
school discrimination Sep 62-64;  
Oct 6-8 (Mail Call)  
use of animals, fetal tissue Nov 72

Sweat Apr 12  
Sweeteners Apr 87 (Ask Us)  
Syringe Oct 49, 50  
reuse of Aug 10 (Mail Call)



Tagamet Apr 24  
TCHOBANIAN, JUSTINE Jul 49  
(*Kid's Corner*)  
Tea  
cancer and Mar 14  
Teens  
confidentiality and Feb 10 (Mail Call)  
fitness Feb 14  
Teeth Aug 15  
wisdom May 13  
Television Jun 20-24; Dec 24-27  
Test strips Oct 57  
discount patents Jun 71-72; Sep 73  
Testosterone Jun 75-76  
Tetracycline May 12  
"That Time Of The Month" Jul 44-47  
Therapies, new Jul 5 (Editorial)  
"This Month Was Made For Walking"  
Oct 37-38  
"Through The Eyes Of Children" Dec  
42-46  
Thiazide diuretics Jul 29  
Thyroid gland Jun 34-39  
"Tight & Safe" Aug 24-31  
Tight control Aug 24-31; Sep 8  
(Mail Call)  
Tight pants syndrome May 13  
"To Hurt Or Not To Hurt" Jun 30-33;  
Dec 8 (Mail Call)  
Tofu Mar 41  
Tolrestat Oct 96-97  
"Tony Ciralo: Making Movie Magic"  
Feb 16-20  
Transplant  
beta cell Mar 69-71  
fetal tissue Aug 42-47; Oct 6  
(Mail Call); Nov 72 (survey)  
islet cell Jul 81; Aug 53-56  
kidney Feb 73  
Travel Jan 40-45; Mar 30-35  
tips Apr 10 (Mail Call)  
Trials Nov 32-33  
Tricyclics Jun 33; Jul 29  
Troglitazone May 67; Oct 23  
Tumor necrosis factor Apr 66  
"Tune In, Or Tone Up" Dec 24-27  
"26 Miles For 26 Years" May 116  
(Reflections)  
Type I  
autoimmune diseases Jun 34-39

families and Jun 80  
personality profiles  
BRIGGS, AMANDA Dec 14-19  
CARPENTIER, FRAN May  
16-21; Jul 6-8 (Mail Call); Oct  
6-8 (Mail Call)  
CHIMOWITZ, SIMONE Nov 43-46  
CIRAULO, TONY Feb 16-20  
COLLIE, MARK Jun 14-18; Sep 6  
(Mail Call)  
DUGGER, KEN Aug 16-22; Oct 6  
(Mail Call)  
HUCKE FAMILY Jul 22-23  
HUDSON, JESSICA Nov 49-50  
(*Kid's Corner*)  
HUDSON, JOSH Nov 49-50  
(*Kid's Corner*)  
MCGANN, MICHELLE Apr 14-18  
MORSHEAD FAMILY Jul 23-24  
PESCHE FAMILY Jul 24  
QUIGLEY, JASON Apr 52 (*Kid's  
Corner*)  
SANDY, NANCY Nov 16-20  
SCUDDER, DAWN Jan 51-52  
(*Kid's Corner*)  
SLATE, JESSICA Oct 14-19  
SOVA FAMILY Jul 23  
TCHOBANIAN, JUSTINE Jul 49  
(*Kid's Corner*)  
WADE, JORDAN Mar 19  
triggers Apr 87-88 (Ask Us)  
smoking and Feb 74  
Type II Jan 28-32; Mar 16-19, 116  
(Reflections); Oct 20-23  
animals and Apr 53 (*Kid's Corner*);  
Jul 10 (Mail Call)  
causes of Feb 62-64  
dehydration and Apr 20-24  
diet and Feb 71-72  
elderly and May 34-38  
estrogen and Feb 67 (Ask Us)  
insulin resistance Apr 65-67  
Japan and Jan 5 (Editorial)  
personality profiles  
CRAWFORD, LORENZO Mar  
18-19  
HOLLAND, WENDELLA Jan  
14-18  
INCORVAIA, PAT Mar 18  
PORT, MARY ANNE Sep 14-18;  
Dec 6 (Mail Call)  
WHERRY FAMILY Jul 24  
prevention Apr 71  
research Sep 26  
weight loss and Apr 71



Ukrainian Diabetes Project Apr 6  
(Mail Call)

# INDEX

*Under One Roof* Jun 23  
Undersea Hyperbaric Medical Society  
May 8 (Mail Call)  
University of New Mexico School of  
Medicine Nov 31  
"Unscrambling The Egg" May 54-57  
Urine testing Oct 83-84; Dec 22  
products Oct 84  
U.S. Consumer Products Safety  
Commission Jan 14, 18  
U.S. Department of Agriculture May 56  
U.S. Department of Education Oct 13  
U.S. Information Agency Jun 50  
U.S. Military Academy Aug 16  
U.S. Office of Personnel Management  
Aug 21  
U.S. Orienteering Federation Sep 48  
Urine testing products Jan 67

## Visually impaired? Unsteady Hands?

**New SMART DOT™  
Blood Collector-Dropper**  
places the droplet for an  
accurate reading from  
your **ONE TOUCH II** or  
**ONE TOUCH BASIC**  
meter. Developed by  
a diabetes educator.

**Just \$10<sup>95</sup>**

Plus \$3<sup>50</sup>  
Shipping &  
Handling

**CALL  
NOW TO  
ORDER**

**1-800-984-1137**

VISA, MC, Discover  
& AMEX accepted.

**30 DAY MONEY BACK  
GUARANTEE**

Meter sold separately. ONE TOUCH® is a registered trademark of LifeScan, Inc.



BLOOD COLLECTOR-DROPPER

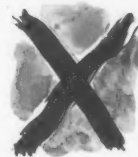


Vaccinations Jul 51 (*Kid's Corner*)  
VAN LEEUWENHOEK Jul 50-51  
(*Kid's Corner*)  
Vascular complications May 63  
Vascular endothelial growth factor  
Mar 28  
Vegetables Mar 53-54  
Vegetarian Mar 36-42  
Veteran's Health Administration  
Jan 30-32  
Veterinarian Apr 51 (*Kid's Corner*)  
Visiting Nurse Associations of America  
Aug 14  
Visual impairment  
diabetes equipment and May 48-53;  
Sep 6-8 (Mail Call); Oct 53-55  
Visually Impaired Persons Specialty  
Practice Group May 50  
Vitamin  
B<sub>12</sub> Jun 37  
blood sugar and Jul 67  
Vitiligo Feb 67-68 (Ask Us); Jun 8  
(Mail Call)  
Volunteers needed  
type I prevention Jan 71; Mar 73; Jun  
69; Aug 50; Sep 77; Oct 114;  
Dec 85

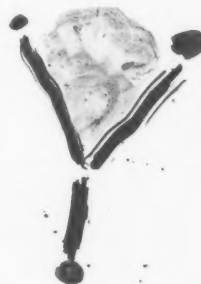


WADE, JORDAN Mar 19  
"Walking for a Cure" Oct 37-38  
Warfarin Jul 29  
"Warm Up To Winter" Feb 40-44  
Water  
contamination Dec 12  
pills Apr 24; Jul 29  
Weight  
gain tight control and Dec 66  
loss Mar 44-46  
type II and Apr 71; Oct 22  
"A Welcome Change" Dec 108  
(Reflections)  
Well Spouse Foundation Apr 8  
(Mail Call)  
"We're Back!" Mar 44-46  
"What Happens If You Don't Have a  
Will" Nov 82  
"When Good Drugs Go Bad" Jul 26-29

WHERRY FAMILY Jul 24  
"Williamsburg, Virginia: Where the  
Past Is Present" Mar 30-35  
Wills Nov 82  
"The Winner's Circle" Jul 16-24  
Winter Feb 40-44; Dec 13  
"Working Inside The Slammer" Sep  
14-18; Dec 6 (Mail Call)  
"Working Overtime" Jan 14-18  
World Diabetes Day Nov 12  
World Wide Web Nov 63  
Wounds Mar 26-27



*The X-Files* Jun 22



Yeast infection Sep 53  
"A Yen For Yogurt" Sep 52-57  
Yogurt Sep 52-57  
"You Exercised—And You Won Big!"  
Sep 58-61  
"Your Chance For Better Coverage"  
Oct 91-92  
"Your Diabetes Bill of Rights" Dec 28-32  
"Your Updated *Exchange Lists*:  
Greater Choices, More Flexibility"  
Nov 75-77  
"You're Not Alone" Jul 108  
(Reflections)  
Youth Leadership Congress Apr 61-62



Zeaxanthin Jun 12

